



The Florida Academy of Dental Practice Administration



**Ocean Reef Club
Key Largo, FL**

April 27-April 30, 2023

■ PRESIDENT'S MESSAGE ■

It is with great pleasure that I invite you to the 62nd meeting of the Florida Academy of Dental Practice Administration. This year's meeting will be held at the beautiful Ocean Reef Club in Key Largo, Florida. Ocean Reef Club is a secluded, private club located on a pristine peninsula featuring amazing sunsets. Due to this fabulous property and the size of our group, I encourage you to act as soon as possible, we have sold out of two room blocks and a waitlist has been established.



Picture yourself relaxing in the 8,000 square foot Spa, the ocean or even the enclosed beachfront lagoon. For those who like more of an adventure, you can golf, play tennis, fish, scuba dive or snorkel. Work out in the state-of-the-art fitness center or take an afternoon stroll to the shops in the Fishing Village. Ocean Reef Club offers over a dozen restaurants and lounges to meet up with your FADPA family.

Our program chairs, Dr. Bill Layman and Dr. James Wilson, have lined up Dr. Timothy Harlan who will be presenting Culinary Medicine as an Augment to Clinical Practice.

The weekend will begin on Thursday evening with our welcome reception followed by dinner on your own with friends and will end Saturday evening with our annual dinner dance and awards banquet. As always, our education program will be held on Friday and Saturday morning. Following our morning sessions, our afternoons will have ample time for activities, family time, and catching up with friends. I hope you will join us and I very much look forward to seeing you at Ocean Reef Club in April.

Dr. Michael Sip
FADPA President 2022-2023

Register Online...
www.fadpa.org



■ MEETING FACTS ■

Meeting Location: The Ocean Reef Club, 35 Ocean Reef Dr, Key Largo, FL 33037.

Room Reservations: Room block is currently full, a waitlist has been established. Room reservation questions or concerns can be addressed with the hotel directly by calling, (800) 741-7333. Reservations must be made by April 5, 2023. Rooms are subject to a \$20.00 per night resort fee for use of property amenities.

Name Badges: All registered attendees will receive name badges which will be available to pickup onsite.

Handouts: If handouts are available, they will be emailed prior to the meeting.

Refund and Cancellation Policy: All requests for refunds or cancellations must be made in writing to the FADPA prior to the pre-registration deadline of April 5, 2023. A 15% cancellation/processing fee applies. No refunds will be given if cancellation is received after the pre-registration deadline, April 5, 2023. No refunds will be given on site.

Concierge and Restaurant Options: Contact the Ocean Reef Club concierge to book dining reservations and other activities. (800) 741-7333.

Register Online...
www.fadpa.org



Dental Education Raffle

Your donation of \$100 to the Academy's "Dental Education Fund" will make you eligible to win a **3-night stay during the 2024 Annual Meeting.** This raffle will take place during the Dinner Dance.



■ PROGRAM SCHEDULE ■

Thursday, April 27, 2023

6:00 - 7:00 p.m.

Welcome Reception

Members, guests and spouses will gather to enjoy wine, beer and light hors d' oeuvres prior to dinner on your own.

Friday, April 28, 2023

7:00 a.m. - 8:00 a.m.

Breakfast for New Members, Sponsors, Guests of Sponsors & Executive Council

As a New Member or Guest (doctor), this is a great opportunity to learn more about the organization and meet Active Members of the Academy.

9:00 a.m. - 12:00 p.m.

Session I - Culinary Medicine as an Augment to Clinical Practice, Dr. Timothy Harlan

1:00 p.m. (Staggered Start Times)

Golf at the Dolphin Golf Course

Golf with your friends and colleagues at The Dolphin Course

1:00 p.m.

Tennis at Ocean Reef

Enjoy a friendly match at the tennis courts. Box lunches are available for pre-purchase. \$40 per player

Saturday, April 29, 2023

7:00 a.m. - 8:00 a.m.

District Caucus Breakfast and General Assembly

Business breakfast meeting for Active and New Members only.

9:00 a.m. - 12:00 p.m.

Session II - Culinary Medicine as an Augment to Clinical Practice, Dr. Timothy Harlan

1:00 p.m.

Deep Sea Fishing

Join seasoned guides for some deep-sea fishing fun. 3-hour length, 6 guests per boat.

2:00 p.m. - 4:00 p.m.

MasterMind Session with Dr. Timothy Harlan

Discover a deeper dialogue with Dr. Harlan.

Dinner Dance

6:30 p.m. Cocktail Reception (cash bar). 7:30 p.m. Dinner, Awards & Dancing

This event is included in members' dues and guests' registration fee. Spouses, retired members, and other guests are an additional fee. *Resort attire suggested.*

■ AT-A-GLANCE ■

Thursday, April 27

12:00 p.m. – 5:00 p.m.

Executive Council Meeting

6:00 p.m. – 7:00 p.m.

Welcome Reception

Friday, April 28

7:00 a.m. – 8:00 a.m.

New Member Breakfast

9:00 a.m. – 12:00 p.m.

Session I

1:00 p.m.

Golf at Dolphin Course

1:00 p.m.

Tennis at Ocean Reef

Dinner on your own

Saturday, April 29

7:00 a.m. – 8:00 a.m.

District Caucus Breakfast & General Assembly

9:00 a.m. – 12:00 p.m.

Session II

1:00 p.m.

Deep Sea Fishing

2:00 p.m. – 4:00 p.m.

Mastermind Session

6:30 p.m.

Cocktail Reception

7:30 p.m.

Dinner, Awards & Dancing

Sunday, April 30

8:00 a.m. – 12:00 p.m.

Executive Council Meeting

■ SPEAKER BIO & PROGRAM INFO ■

Timothy S. Harlan, MD, FACP, CCMS

Executive Director – George Washington University
Culinary Medicine Program
Chairman – Culinary Medicine Specialist Board
Email: drdrmrmd@mac.com



Timothy S. Harlan practices internal medicine in Washington, DC. His love of food began as a teenager working in the restaurant business. Starting as a dishwasher, he worked his way up to managing his first restaurant by the age of eighteen and owning his first restaurant at twenty-two. After operating Le Petit Café as a chef/owner he closed the restaurant to return to school. Dr. Harlan originally intended to pursue a degree in hotel and restaurant management but events led him toward medicine and the decision to become a physician.

After finishing an undergraduate degree in Anthropology Dr. Harlan went on to study medicine at Emory University. Working as a caterer throughout school, he continued to be involved with food and cooking but noticed a lack of knowledge in the medical field around food, eating healthy and eating well. Neither patients nor health care providers understood much about a healthy diet. Patients, it seemed, were usually told not what they could eat but, rather, what they could not eat.

In medical school, Dr. Harlan wrote *It's Heartly Fare* a food manual for patients with cardiovascular disease. Since then he has published numerous books focusing on translating evidence based diet and nutrition information for the lay public. He is publisher of the popular Web site DrGourmet.com where information from the Mediterranean diet literature is translated in a practical way for the American kitchen.

He served as Associate Dean for Clinical Services at Tulane University School of Medicine and helped found the Goldring Center for Culinary Medicine, the first of its kind teaching kitchen operated by a medical school. The center offers an innovative program teaching medical students about diet and lifestyle that bridges the gap between the basic sciences, clinical medicine, the community and culinary education. Medical students work side-by-side in the kitchen with culinary students to teach each other and, most importantly, teach the community and patients how to return to their kitchens and transform their health.

Starting in January 2020 Dr. Harlan joined George Washington University to expand the Culinary Medicine programming. He continues to serve as Chairman of the Advisory Board for the Culinary Medicine Specialist Board and editor-in-chief of the Health meets Food curriculum, Culinary Medicine courseware used at over 60 academic medical centers. He is co-author on numerous publications related to transformational nutrition and use of Mediterranean diet as a clinical tool.

■ ACTIVITIES ■

Fishing - Orvis Charter Services

Towering coral formations wait just offshore of Ocean reef and play home to a plethora of Snapper and several species of aggressive Grouper. The deep sea waters provide an arena to do battle with a dancing sail fish or troll the purple swells in hopes of tangling with a feisty Dorado (Dolphin Fish), Wahoo, and various types of Tuna. Suggested attire: warm weather clothing, hat, sunglasses, and sunscreen. Fee includes gratuity. No refunds after March 1, 2023. Boxed lunches are available for pre-purchase.

Golf at Ocean Reef Club - Dolphin Course

This course features fairways winding past tamarind, coconut palms and mahogany trees as well as other exotic landscaping. This is the epitome of island golf in the Keys. Glittering water hazards delight the eye and call for accuracy. This island golf course allows more margin for error off the tee, with quite generous fairways. The real test on this 6,600 yard par-71 course arrives when you get to the greens. Fee includes greens fee, cart. Box lunch may be purchased for an additional cost. Cargo shorts are not permitted, and soft spikes are required to play. To rent clubs, contact The Golf Shop (305) 367-5912. Box lunches are available for pre-purchase.

Tennis at Ocean Reef Club

Enjoy a friendly match on the tennis courts with friends and colleagues at The Ocean Club Tennis Courts. Tennis requires appropriate tennis clothing and footwear. Short and long tights must be covered. Pickleball permits fitness attire and footwear. Gentlemen's shirts must have sleeves. All-white attire must be worn on the Croquet Courts. Swim trunks and cotton t-shirts are not permitted.

Golf Cart Rental

The Ocean Reef Club is a large property and offers golf cart rentals for the guests to travel throughout. The Ocean Reef is offering FADPA guests a discounted rate of \$69 per day and added to their room reservation. Ocean Reef has set aside 20 rentals for our group. If you are interested in reserving, please indicate how many you would like reserved when registering online.

Dress Requirements

The Dress Code has been a long-standing and cherished tradition of Ocean Reef Club. The standards of dress are by direction of the House & Grounds Committee and in the rules as designated by the Board of Directors. Please review the dress code guidelines at www.oceanreef.com.

**Stay Tuned for the
Date & Location
of our**

2024 *Annual Meeting*

The Florida Academy of Dental Practice Administration
P.O. Box 4482
Brandon, FL 33509

**Register for the
2023 Meeting Online here...**
www.fadpa.org

E-mail: kelsey@fadpa.org